



Joyous Holidays Friends!

Whether you weathered the storm of changes that persisted in 2021 or still making your way through, so glad you are here.

This last year we have experienced an unprecedented acceleration of change that we are simply not designed to withstand over a long period of time – yet here we are. Resilient, strong, and vulnerable looking ahead with optimism, kindness, and empathy to lead others into a new way of ‘being’ in 2022.

The self-reflection continues. Bold steps were made, and better paths also taken this year. There were losses and disappointment and joy, connection, and a sense of newness as together we forge ahead as family members, employees, leaders and as a community – together.

I hope for a year where each of you will feel supported and be supported by [Clarendon Wallace](#). As CW enters its second year of operation along with synergetic offerings through [The British School of Etiquette, Bermuda](#) and the recently launched coach training and leadership development firm, [ICLI](#) we aim to making coaching and leadership development more inclusive and accessible to all, especially underrepresented and marginalized individuals.

This year above all, I wish you the best of health and the joy of renewing the beautiful connection of our humanness.

Thank you each for your support of my journey into entrepreneurship as I combine my experience, training, and passion to serve each of you to achieve a deeper and personal level of sustainable success. I look forward to working with you further in the year ahead.

Here is wishing you and your family a happy holiday filled with lots of hugs, and beautiful memories!

Be well,

P.S. Don't forget in all the hurry to make sure that you are creating a memorable executive presence, both on-screen and off.

YEAR IN HIGHLIGHTS

Self-Care and Self Leadership



Self-care is a preventative way to stave off burnout and boost your well-being and productivity. Makes sense, right? Find a way to make this part of your 'just what you do' thing by making it fun and easy. How are you going to create accountability this next year to move more?

Check out my post on ['The Pieces Collective' panel discussion](#) in August on the role of coaching and wellness.

Supporting Community

The impact of the ['Great Resignations'](#) has been felt right here at home. It was a pleasure to partner with The Workforce Development Department to provide timely and practical information to the public:

HOW TO STRATEGICALLY BUILD A SUCCESSFUL CAREER

WEBINAR Tuesday, 2nd November 2021
1:15 PM – 2:15 PM

Facilitated by Lorene Phillips, Executive Coach, Founder, Clarendon Wallace, The British School of Etiquette Bermuda.

Building a successful career, particularly during these unprecedented times, requires resilience and the ability to master work-life balance.

In collaboration with Clarendon Wallace and The British School of Etiquette Bermuda, the Department of Workforce Development will provide tips on building a successful career. Participants will learn tools for stress management, identify and address burnout, and incorporate wellness strategies for resilience and work-life balance.

To register: email dwdlearning@gov.bm or call 297-7714 for more information.

GOVERNMENT OF BERMUDA
The Department of Workforce Development

HOW TO SUCCESSFULLY NAVIGATE THE 'NEW NORM' OF JOB HUNTING

WEBINAR Thursday, 4th March 2021
12:00 PM – 1:30 PM

FACILITATED BY Lorene Phillips, Executive Coach, Corporate & Etiquette Trainer and Guest Steph Brown, Recruiter

The Department of Workforce Development in collaboration with Clarendon Wallace and Steph Brown explores the challenges of job hunting during a pandemic and offer practical solutions for success. Join us to learn more about how to adapt your job-seeking efforts for the current market.

To register: email dwd@gov.bm or call 297-7714 for more information.

GOVERNMENT OF BERMUDA
Clarendon Wallace
Steph Brown

Etiquette and Manners Does Make a Difference!

Thank you to Sam Strangeways at [RG Magazine](#) for our engaging interview discussion and subsequent article. I was delighted to share how mastering these soft skills of good manners early can set you up to succeed professionally. My hope is to see this type of early leadership skills training offered in all schools. Chatmore British International School in Smiths, Bermuda is [leading the way](#) in this regard.



Unexpected Encounter

The Head Girl at one of our local high schools networked her way to me via



Linkedin. Research shows that individuals with mentors get promoted faster, earn more money, and have more satisfying careers. True. This young lady started young, and I was impressed. The pandemic has impacted our young people in many ways and our support as mentors can make the difference in how they succeed post-pandemic. ***Can you identify someone that could***

benefit from your insight? Reach out to them.

Working Parent Support



Writing about how working parents can achieve success at home is always a delight. I know first-hand as a mother of 3! Thank you to Kim Casey for the opportunity to provide quarterly content in The Bermuda Parent Magazine. Have a read of the winter issue here: [3 Skills That Will Position Your Kids to Succeed Every Time - My Bermuda Parent](#).

Coaching Awareness

Coaching awareness is at the core of [CW](#) and [ICLI \(International Coaching and Leadership Institute\)](#) support services not only for our clients but to the larger community. Through these opportunities, we can participate with other coaches in educating the public of the transformational impact of coaching in personal and work life. Lots of Coaching conversations this year. Check out the article in [Bernews](#) on **the strategic advantage of working with a trained coach**.

Diversity, Equity, & Inclusion

Creating a culture of Diversity, Equity, Inclusion and Belonging in all spaces, especially while working, requires working together with others. These collaborations is where the changes take place, one step at a time.

Black coaches are a minority worldwide and we are hitting above our weight. Thrilled to have been one of the panelists at the Fierce Vulnerability Summit "Black Life Coaches with Fierce Vulnerability". Along with established executive coaches we addressed: The positive impact of coaching on the black community and how to succeed as a coach entrepreneur.

SOPHIA CASEY, PCC / AUTHOR
FIERCE VULNERABILITY: A COLORED GIRLS' TRUTHS, TRIALS, AND TRIUMPHS

LORENE PHILLIPS, ACC
EXECUTIVE COACH
CORPORATE & ETIQUETTE TRAINER
CLARENDON WALLACE

Fierce Vulnerability SUMMIT
A VIRTUAL BOOK TOUR

10/19/21
7-9 PM EST
ON FACEBOOK AND YOUTUBE

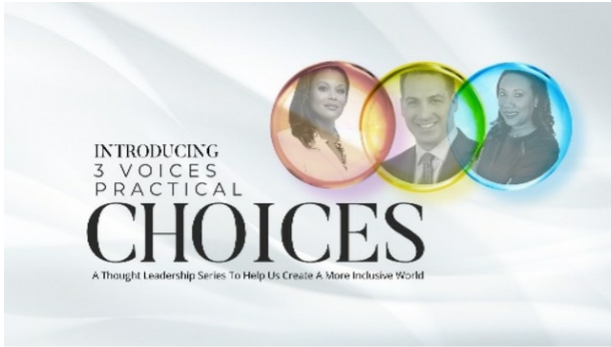
LIVE

SOPHIACASEY.NET



I shared my personal story on a [video podcast interview](#). I am sure many of you will be able to relate.

Listen In



Working with friend and colleague Leah Dean addressing DEIB in an amazing [mini-masterclass](#) through this November's Women DFI Event and collaborative [article](#) was certainly a highlight on this priority subject.

Launch of International Coaching & Leadership Institute (ICLI)

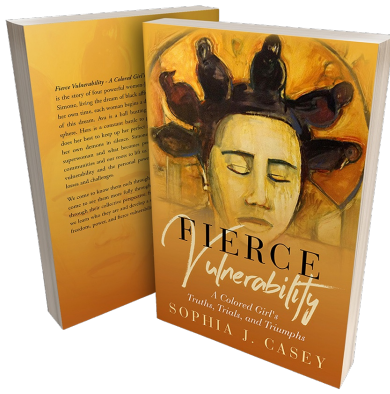
Excited to be a part of this [dynamic team of leaders](#) as we begin the journey to make coach training accessible to leaders and coaches everywhere. Follow us on [LinkedIn](#).



What I Am Reading

Authored by business partner and coach friend Sophia Casey (soon to be a movie). I am happy to add this to my list of reading this winter. In this book, Sophia shares her truth, trials, and trials as a colored girl. Thank you for demonstrating

the strength of vulnerability as you share your story.



Learn More & Purchase

These are a few of my favorite things...

- 1. The Ember mug.** This was a gift from my husband. I have a white one and he has a black one. You no longer have to keep reheating your tea or coffee. Your beverage stays at your perfect temperature for hours.
- 2. Light blocking glasses** (I have way too many in different styles and colours!)
- 3. Electric heating pad** for my chair ... my back thanks me every day.
- 4. Calendar that helps me to quickly check dates** without having to go on any device, especially when I am on a virtual call and have a few things going at once on my screen.
- 5. Diffuser:** Thanks to [Ritu Bhasin](#) (I was late to the game on this) I am starting to use a diffuser in my office with Lavender oil – very calming.



Looking Forward to 2022!

I am most excited to introduce you to 'The Huddle', where next-gen leaders lead the conversation. This is the realization of my dream to provide a space for our younger generation to conversate about what is important to them. I am humbled to sit beside them with invited guests and a couple of young leaders to provide support to the future leaders in our workplace and in our community.

Mark this date in your calendar and invite your Gen Z and Millennials in your workplace and your community to register for this complimentary event. This is an event where they get to be a part of the conversation AND decide the topic to talk about. Welcome to The Huddle!

If you or your organization would like to sponsor any of The Huddle conversations, [connect with me today.](#)



**YOU'RE INVITED
TO JOIN**

THE
HUDDLE



THE 
HUDDLE

A conversation for
next generation leaders



DISCUSSION TOPICS

- Salary
- Benefits
- Growth Expectations
- Finding Work That Aligns With Your Purpose

**Sunday,
January 23, 2022
3 PM - 4 PM**

Save Your Spot Today!
bit.ly/cwhuddle0123

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Instagram



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Web

